



**MASS INTENTIONS**

**Sun., September 5—23rd Sunday in Ordinary Time**

- 8:00 a.m. - Winona Pruitt
- 10:00 a.m. - For the Parish Family
- 12:00 p.m. - Eleanore Ragni
- 5:00 p.m. - Matthew and Megan Bennett

**Mon., September 6—Weekday in Ordinary Time**

- 9:00 a.m. - For the Parish Family

**Tues., September 7—Weekday in Ordinary Time**

- 7:00 a.m. - John Kilby Cummings
- 8:00 a.m. - Jerome Kelly
- 12:05 p.m. - Betty Miller

**Wed., September 8—The Nativity of the Blessed Virgin Mary**

- 7:00 a.m. - Nancy H. Rice
- 8:00 a.m. - In Memory of Lloyd Taaffe III
- 12:05 p.m. - Rosemary Wilson

**Thurs., September 9—St. Peter Claver**

- 7:00 a.m. - Bill and Gloria Franey
- 8:00 a.m. - Bill Geary
- 12:05 p.m. - Sr. Dominga, MC

**Fri., September 10—Weekday in Ordinary Time**

- 7:00 a.m. - Rosalie Fusz
- 8:00 a.m. - Dr. Paul Shurnas
- 12:05 p.m. - Jerome Kelly

**Sat., September 11—Weekday in Ordinary Time**

- 8:00 a.m. - Raymond Ytzaina
- 5:00 p.m. - Emily Galbreath

**Sun., September 12—24th Sunday in Ordinary Time**

- 8:00 a.m. - William and Emma Mulhall
- 10:00 a.m. - For the Parish Family
- 12:00 p.m. - Sr. Dominga, MC
- 5:00 p.m. - Joe Reyes

**MASS INTENTIONS...**

The specific Mass intentions for each scheduled Mass are listed regularly in this bulletin, and are specifically requested by individual request. Every effort is made to accommodate a particular time or date when necessary, but occasionally the date or time request cannot be made, so the request will be kept as soon as there is an available opportunity. Requests for Mass intentions should be directed to the rectory by calling 314-373-8200.

**SCHEDULE FOR  
SEPTEMBER 11-12, 2010**

**Twenty-Fourth Sunday in Ordinary Time**

**Saturday, September 11, 2010**

**5:00 p.m.**

Readers: Maggie Fowler

**Sunday, September 12, 2010**

**8:00 a.m.**

Readers: Pat Rice, Brad Poole

Extraordinary

Ministers: Rosemary Cash, Jack Davey,  
Pat Rice, Linus Pottebaum

Ministers

of Care: Louis Campbell

**10:00 a.m.**

Readers: Scott Treml, Tom Gregory

Extraordinary

Ministers: Marybeth Strauss, Sr. Charlotte Rigali,  
Scott Treml, Tom Gregory

Ministers

of Care: Brother Timothy, Sr. Charlotte

**12:00 Noon**

Readers: Pat Harper, Gerry Deppe

Extraordinary

Ministers: Susan Wells-Souza, Pat Harper,  
Gerry Deppe, Jerry Danekas

**5:00 p.m.**

Readers: Jane Clark

Extraordinary

Ministers: Charles Rosso

**ALERT FOR NATIONAL HOLIDAY...**

**Monday, September 6, is Labor Day**, a day on which our nation honors working people. It also typically marks the end of the summer vacation season. Though the church will be open from 7:00 a.m. until 5:00 p.m., the Cathedral Basilica, in accordance with our usual holiday schedule, will offer **one** Mass on Labor Day at 9:00 a.m., returning to our normal daily Mass scheduled on Tuesday, September 7.



**DAILY READINGS FOR THE WEEK. . .**

The readings are included each week so that the parishioners who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

**Readings for the Week**

**September 5, 2010 through September 12, 2010**

Sunday: Wis 9:13-18 Ps 90:3-6, 12-17  
Phlm 1:9-10, 12-17 Lk 14:25-33  
Monday: 1 Cor 5:1-8 Ps 5:5-7, 12 Lk 6:6-11  
Tuesday: 1 Cor 6:1-11 Ps 149:1-6, 9 Lk 6:12-19  
Wednesday: Mi 5:1-4 (or Rom 8:28-30) Ps 13:6  
Mt 1:1-16, 18-23 (or Mt 1:18-23)  
Thursday: 1 Cor 8:1-7, 11-13  
Ps 139:1-3, 13-14, 23-24 Lk 6:27-38  
Friday: 1 Cor 9:16-19, 22-27 Ps 84:3-6, 12  
Lk 6:39-42  
Saturday: 1 Cor 10:14-22 Ps 116:12-13, 17-18  
Lk 6:43-49  
Sunday: Ex 32:7-11, 13-14  
Ps 51:3-4, 12-13, 17, 19 1 Tm 1:12-17  
Lk 15:1-32 (or Lk 15:1-10)

**PRAYING FOR THE SICK . . .**

It is our responsibility in the Lord to remember the sick, who are especially close to the Redeemer in their suffering. In the columns below you will find the names of people who have requested our prayerful intercession.

Loretta Anich	Kimmy Lowe
Marian Bachmann	Carleen Mazur
Barbara Beckemeyer	Clarence McClure
Oscar Blue, Jr.	Robert 'Bob' McCoy
Lionel Bolden	Toni McKenna
Bryan Buffa	Kristen Middendorf
Verna Carr	Rachel Ostertag
Shellye von Dahlern	Dorothy Owens
Jeanette Dawid	Catherine Parent
Andrew Dorsey	Gretchen Piccozzi
Dorothy Edwards	Peter Roth
Rita Eshom	Ann Sheehan
Michele Grant	Pam Stanton
Rosemary Griffard	Barbara Stojeba
Mary Hebert	Fran Thetford
Carol Herrick	Helen Vineyard
Deacon M. Kenney	L. Vital
Sheila Kenny	Dolores Weathers
Bud Keyes	Jennie White
Linda LaBarde	Marge Williams
Mervin Lewis	

**COFFEE AND DONUTS...**

Due to the holiday weekend, the Cathedral Parish Coffee and Donuts gathering, normally held in Boland Hall following the 10:00 a.m. Mass, **has been cancelled for today, Sunday, September 5**, but will return next Sunday, September 12.

**AHC SEMINAR...**

The Association of Hebrew Catholics is hosting its 7th free lecture series concerning The Mystery of Israel and the Church. This series, entitled "*Mary, Daughter of Zion and Mother of God*", will be held in Boland Hall every Wednesday from 7:00 pm 9:00 pm. The first lecture, entitled "Mary in the Old Testament, Part 1" will take place on **September 22**. For further information, call the AHC at 314-535-4242 or visit [www.hebrewcatholic.org](http://www.hebrewcatholic.org). Please join us for any or all lectures.

**EARLY ALERT FOR MORE EUCHARISTIC ADORATION...**

The Exposition of the Blessed Sacrament and Holy Hour on Saturday afternoons at 3:30 shall continue as it has been. Additionally, all day exposition on the First Friday of the month will begin on October 1. From after the 8:00 a.m. Mass until 4:30 p.m., the Blessed Sacrament will be enthroned on the altar of the Blessed Sacrament Chapel for public adoration and prayer. Plan on stopping by every First Friday.

**FOR THE POOR . . .**

**Today**, and on the first Sunday of every month, the Cathedral Parish collects foodstuffs and canned goods for delivery to food pantries here in the city. Please place donations in the baskets near the sanctuary at the side aisles. Thank you very much for your generosity!



September 5, 2010

Dear Friends in Christ,

I appeal to you today to give generously to the **National Collection for The Catholic University of America** in Washington, DC.

Catholic University is unique as the national university of the Catholic Church and the only higher education institution founded by the U.S. bishops and chartered by the Vatican. As such, it has a special responsibility to educate future leaders for our Church and our nation. In this sense, The Catholic University of America belongs to all of us in the Church, regardless of where we live.

The financial sacrifices required of Catholic parents to provide a truly Catholic college education are enormous. All of the funds received through this collection underwrite the financial aid program at the university. Simply put, **your contributions directly benefit students at Catholic University** from all over the United States, including our own archdiocese, by funding scholarships for those who would not otherwise be able to attend. Last year, nearly 3,000 students at CUA received scholarship support through the funds raised via the National Collection for Catholic University.

Students at Catholic University receive personalized attention in a wide variety of programs, combining an excellent liberal arts curriculum with courses in their major fields of study. Grounded in the philosophy of the Catholic intellectual tradition, these students are well prepared for success in life and ready to make a difference in today's world.

Thank you for your support of The Catholic University of America.

Sincerely yours in Christ,

Most Reverend Robert J. Carlson  
Archbishop of St. Louis

### WELCOME NEW PARISHIONERS...

A very special welcome to our newest parishioners: **Ms. Meghan Coghlan, Mr. and Mrs. Matthew and Ann Currie, Ms. Allison Czubik, Ms. Amanda Eibes, Ms. Amber Gruenloh, Ms. Christine Moran, Mr. and Mrs. Brent and Jennifer Richter, Ms. Jessica Stansfield, Mr. Adam Stenger, Ms. Kristin Timken, and Ms. Kristin Wensler.**

The Cathedral clergy, rectory staff, and your fellow parishioners joyfully welcome you and pray for you and your families.

### WHY A REGISTERED PARISHIONER...

Due to the number of requests for baptisms, the Cathedral Parish adopted a policy some years ago that generally requires the parents to be registered parishioners in the Cathedral parish before their infant may be baptized here. For the same reason, normal policy practice requires the bride or groom in an impending wedding to be a registered parishioner and practicing Catholic for a minimum of one year for preferred dates and for a more modest stipend. Non-parishioners must be registered in a Catholic parish somewhere and will need to secure their pastor's permission to be baptized or married outside of their proper parish before we can schedule any ceremony for them. If you attend Mass at the Cathedral regularly, please consider becoming a registered parishioner and call the rectory at 373-8202.

### IN HIS IMAGE...

The Cathedral Basilica is considering formation of a new adult study group. ***In His Image*** is designed to challenge adult Catholics to enrich their faith by taking advantage of several of God's gifts: Scripture, prayer, Church teaching and community. Like the Faith itself, the program centers on the love of God made manifest in Jesus Christ, reminding us that renewal of the Church is simply a question of deepening our life in Christ. Led by Monsignor Pins, the ***In His Image*** series is divided into 6-week sessions, each with an introduction to the week and daily themes with scripture reading, reflection, exercises, and journaling opportunities. Program costs and meeting dates/times will be determined pending interest. Call Mary Moore at 314-373-8204 for additional information.



### **DON'T MISS YOUR CHANCE FOR A CHANCE!**

Have you received your chance to win? Letters and raffle tickets were recently sent out to parishioners and other friends of the Cathedral, and you could help make this year's fete a raving success by getting your donation and ticket stubs turned back in. First Prize is \$1,000 cash, Second Prize is \$500 cash, and Third Prize is \$200 cash. Tickets are \$5 each or 5 for \$20. For tickets or additional info, please contact Charles Mueller at 314-534-7526. The Cathedral truly needs your support in this annual parish fundraiser!

### **SILENT AUCTION DONATIONS...**

The collection of items for the Cathedralfete Silent Auction **continues, with drop off available each Sunday at the entrance to Boland Hall from 11:00 a.m. to 12:00 noon.** Once again, we are asking each family in the Parish to look around their house and find one gently used (but nice!) item to donate to the auction. Or donate a theme basket or gift certificate from somewhere you frequent. Sporting events, theatre, and other event tickets are gratefully appreciated, too! Questions? Please call Suzzi at 314-395-8050.

### **UNIVERSITY STUDENTS, WELCOME BACK...**

Among those who regularly join us at the Cathedral, especially on Sundays though often during the week as well, are students from both of the nearby universities and medical schools, and the College of Pharmacy. With the new school year commencing, our students have returned in numbers and we welcome them back. Students, your youth and your prayerful faith witness is appreciated. Please know that the entire Cathedral Staff and parish is here, for your assistance, now and at all times throughout the year. Welcome back!

### **TWENTY- AND THIRTY-SOMETHINGS...**

Looking to volunteer? The Society of St. Vincent De Paul is establishing a new young adult chapter at St. Francis Xavier Church, serving the area surrounding SLU. Volunteers will visit the local needy at home to provide material assistance and a listening ear for a few minutes. If you would like to find out more about this very flexible and rewarding work, please contact SVDP Youth/Young Adult Rep Bryan Kirchoff at [bryankirchoff@att.net](mailto:bryankirchoff@att.net) or 314-640-4366.

### **CATHEDRALFETE 2010 PLANNING...**

The final meeting of the organizational committee for our annual parish festival, **Cathedralfete 2010**, is scheduled for **Tuesday, September 14, 2010, at 7:00 p.m.** in Boland Hall cafeteria. All booth chairs should plan to attend!

### **LOOKING FOR GOODIES...**

How's your snickerdoodles? Have a secret recipe for scrumptious triple chocolate bundt cake? Whatever your specialty, we need you! We are requesting baked goods, pastries, cakes, cookies, or anything to tempt the visiting sweet-tooth for our Patisserie Café at the Cathedralfete, which will be located in the comfort of air-conditioned Boland Hall this year! If you have any questions, would like to make a sweet donation to the cause, or would like to assist in the café on the day of the fete, please contact Laura Fister at 314-367-5149 or e-mail at [laurafister@sbcglobal.net](mailto:laurafister@sbcglobal.net).

### **CATHEDRALFETE GRAB BAG...**

Thanks to a very generous donation to the Cathedral Parish, we will be selling brand new unopened packages of sheets, tablecloths, and other household and décor items at the grab bag booth this year.

In addition, booth organizers continue to seek donations for a grab bag that will be priced up to \$10/bag, depending on the contents. Items might include school supplies, wine, items to satisfy a snack attack, gift cards, or anything you would enjoy. Prizes will be placed inside brown grocery store bags. Drop off items at coffee and doughnuts after the 10:00 a.m. Mass. Questions? Call Monica at 636-530-7042.

### **FETE RUMMAGE SALE...**

Once again, the Fete Rummage Sale is an opportunity for parishioners and neighbors to sell their gently used items in conjunction with the Cathedralfete. This is **NOT** for handcrafted items or artists. If you've thought about having a rummage sale but just haven't found the time or space, this is a great way to take advantage of the traffic at the Cathedralfete! Tables located in Boland Hall are \$50; tables located outside Boland Hall are \$30. To rent a table, contact Grace at 373-8231 or [gdorchester@cathedralstl.org](mailto:gdorchester@cathedralstl.org).



### HEALTH MINISTRY NEWS...

The Free Exercise Sessions, normally offered in Boland Hall each Monday and Wednesday from 6:00 p.m. to 7:00 p.m., **will take a brief hiatus and return on Wednesday, September 8, 2010.** For more info, please call Mary Moore at 314-373-8204. Also, on the third Sunday of every month, blood pressure screening is provided free of charge following the 10:00 a.m. Mass in Boland Hall adjacent to Coffee and Donuts. **Our next screening is scheduled for Sunday, September 19.**

### THE STUDY OF SACRED READINGS...

The final session of the Cathedral's Sacred Reading Group marking the year of St. Paul will be held on **Thursday, September 9, at 7:00 p.m.** in the parish rectory. Focusing on the writings of St. Paul, this final meeting will concentrate on The Book of Hebrews. For additional information, please contact Mary Moore at 314-373-8204.

### EUCCHARISTIC MINISTERS AND LECTORS...

Work will begin soon on the next liturgical assignment schedule for lectors and extraordinary ministers of the Eucharist. The next schedule will cover the 4 month period **beginning October 9-10, 2010, and ending January 29-30, 2011.** Please direct questions or submit any info regarding availability to Laura Voegelie at [lvoegelie@cathedralstl.org](mailto:lvoegelie@cathedralstl.org) or by calling 314-373-8208, **by September 22.**

### WEEKLY THOUGHTS ON GIVING...

*"Everyone of you who does not renounce all his possessions cannot be my disciple." - Luke 14:33*

When we first hear this statement, it seems that Jesus is making an unrealistic demand upon us. How can we renounce all of our possessions? We need them to live. However, what we must renounce is the belief that they belong to us. Everything that we have belongs to God alone. All of our resources are entrusted to us not only for our own use, but also so that we can help others. Once we renounce the idea that we possess or are entitled to anything, it is much easier to share the many gifts that God has given us. Then we truly are His Disciples.

### ST. PATRICK'S CASSEROLE PROGRAM...

Casseroles and other offerings collected by the St. Patrick's Casserole Program provides one week of dinners for the Women's Shelter, and one night of dinners for the Men's Alumni Club. The next collection will be held **Thursday, September 9, at Boland Hall, from 5:00 p.m. to 7:00 p.m.** Questions? Contact Joan O'Reilly, 314-535-9265.

### A THOUGHT ON THE SANCTITY OF LIFE...

"Every human being, at every stage and condition, is willed and loved by God. For this reason, every human life is sacred. To deprive someone of life is a grave wrong and a grave dishonor to God. Because we are created in the image of God, who is Love, our identity and our vocation is to love. Pope Benedict has called this 'the key to our entire existence.'"

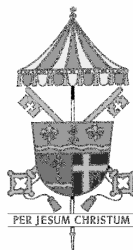
*USCCB Respect Life Program flyer (2010)*

### SCHOOL OF COMMUNITY...

The Cathedral Basilica's newest parish effort, a catholic young adult prayer and social group known as **Communion and Liberation**, has been offering weekly catechesis meetings known as a "School of Community". After a brief summer hiatus, the group will kick off their fall with a "Welcome Back" gathering on Saturday, September 11, beginning at 2 :00 p.m., and ending with Mass at 5:00 p.m. The gathering will be held in Boland Hall, and the theme for study will be "Only with Christ, without censuring anything, we can be in front of everything". For more info, please contact Michael at [mlkleissler@yahoo.com](mailto:mlkleissler@yahoo.com).

### SAFE ENVIRONMENT PROGRAM...

With the dawn of a new school year, we would like to take this opportunity to remind all of our parishioners that any adults who want to volunteer in parish activities or ministries that include children must be in full compliance with the Safe Environment Program of the Archdiocese of St. Louis. Compliance requires attendance at a Protecting God's Children workshop, a signed Code of Ethical Conduct and submitting to a background check which will be updated every other year. For more information, contact Laura Voegelie, parish child safety coordinator, at 314-373-8208.



# CATHEDRALFÊTE 2010

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## SATURDAY, SEPTEMBER 25, 2010

Help us make the Parish Festival a true family and community event!  
After your initial "YES," we will be contacting you with further details.

We look forward to working with you on Cathedraalfête 2010!

Fête Committee  
Steve and Cherie Eckelkamp, Chairs  
Joan O'Reilly, Volunteer Coordinator

Cut or Tear Here

### CATHEDRALFETE 2010 Volunteer Form

Please return to the Rectory by mail or through the Sunday Collection

MORNING     AFTERNOON     EVENING     ALL DAY

PATISSERIE/BAKERY                          POPCORN/LEMONADE      
GRILL/FOOD                          FUNNEL CAKES   

SET-UP/TAKE DOWN   

ASSIGN ME WHEREVER NEEDED   

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

E-MAIL : \_\_\_\_\_

**REQUESTED ANNOUNCEMENTS...****From outside the Cathedral Parish...****ANNUAL WEDDING JUBILEE MASS...**

A special Mass with Archbishop Robert J. Carlson will be held on **Sunday, September 26**, at 2:30 p.m. here at the Cathedral Basilica. For all couples celebrating their 25th, 50th or 50-plus anniversary in 2010, **register before September 7** to have your name and wedding date printed in the program and receive a certificate of congratulations. To register, please call the Office of Laity & Family Life at 314-792-7170.

**CATHOLIC RADIO...**

The Journey Home is one of many programs of conversion, inspiration and hope that can be heard on AM 1080 WRYT, Catholic radio. You will also hear shows such as Catholic Answers Live, Life on the Rock, and Faith and Family. Plus, the daily Holy Mass, the Rosary, and the Divine Mercy Chaplet. For a program schedule and a free CD, call 314-752-7000.

**MAGNIFICAT WOMEN'S BREAKFAST ...**

Join us for the Magnificat Women's Prayer Breakfast, on **Saturday, September 11**, from 9-noon, at the Cardinal Rigali Center in Shrewsbury. Guest speaker is Kathleen Beckman who serves on the Magnificat Central Service Team and has written several books, including her recent "*Only for Love: The Sacred Heart, Priesthood and Purity*". Cost for the prayer breakfast: \$15, which includes breakfast. Registration ends September 3. To register, call 314-427-7786.

**SAND VOLLEYBALL LEAGUE...**

The Catholic Singles Alumni Club is looking for single or married players to join their co-ed sand volleyball league. All skill levels are welcome. Play at near Ladue and 270 on Wednesday Nights starting in September. For more info, contact Andrea at 314-603-0773 or go to [www.csacstlouis.org](http://www.csacstlouis.org).

**NFP SESSIONS FOR THE ENGAGED...**

Introductory sessions for Natural Family Planning (NFP) are offered at 15 different locations throughout the archdiocese each month. For a complete listing, contact the Archdiocesan Office of Natural Family Planning at 314-997-7576.

**DESMET SHADOW PROGRAM...**

Fall Shadow Days at De Smet Jesuit High School are filling quickly! The shadow program allows 8th grade students to attend three classes with a current De Smet freshman, see the school, meet faculty members and enjoy lunch with De Smet students. For more information or to schedule a shadow visit for your son, contact Anne Gibbons at 314-567-3500, ext. 247 or [admissions@desmet.org](mailto:admissions@desmet.org).

**BECOME A PURE FASHION ROLE MODEL!...**

Pure Fashion is a Catholic based beauty and character formation program that encourages teen girls to live, act and dress in accordance with their dignity as children of God. Pure Fashion focuses on guiding young women to become confident, competent leaders who live the virtues of modesty and purity in their schools and communities. To learn more about the 2010-2011 Model Training Program that begins in September and culminates in a city-wide fashion show in April, please [www.purefashion.com](http://www.purefashion.com). Join the lucky group of young women from St. Louis who will discover their own dignity, style and beauty and how to foster it by living a life of virtue! **Apply online at [www.purefashion.com](http://www.purefashion.com) by September 10**. Prospective models must be in grades 8-12, and must attend one informational meeting with a parent in early September. Contact [stlouis@purefashion.com](mailto:stlouis@purefashion.com) or call 314-892-4467. Pure Fashion is an affiliate of Mission Network. Sponsored by Regnum Christi.

**ARCHBISHOP'S PRAYER BREAKFAST...**

Most Reverend Samuel J. Aquila, Bishop of Fargo, ND, will be the guest speaker at the Archbishop's Gospel of Life Prayer Breakfast on **Wednesday, September 22**. The event, sponsored by the St. Louis Chapter of Legatus, will be held at the Marriott West and will begin with the celebration of Mass by Archbishop Robert J. Carlson at 6:30 a.m. A buffet breakfast will be served from 7:00 – 8:00 a.m. prior to Bishop Aquila's presentation, "Promoting the Gospel of Life in the Church and World." Reservations, available for tables of ten at \$300 or \$35 per person, must be made by September 15th by calling 314-786-5306 or emailing [saintlouislegatus@ymail.com](mailto:saintlouislegatus@ymail.com).



### NEW SERIES, NEW VENUE...

The eighth annual Aquinas Roundtable Lecture Series 2010-2011, "Navigate a Changing World with Faith", will **begin September 15** at its NEW location, the Sheraton Clayton Plaza Hotel, 7730 Bonhomme (parking is FREE). Father Sean Martin will present "The Book of Revelation: The Justice of God Prevails," an exploration of the mysterious last book of the Bible that preserves a message of hope. Each lecture costs \$23.00, and includes lunch. Register at least 7 days in advance with Diane at [henderson@ai.edu](mailto:henderson@ai.edu) or 314-256-8856. Check-in begins at 11:00 a.m., with lunch served at 11:30, and the presentation beginning at noon. The Roundtable Series is a ministry of Aquinas Institute created to share a rich theological and spiritual heritage with others in the St. Louis area. Contact Kate at [flatley@ai.edu](mailto:flatley@ai.edu) or 314-256-8877 for additional info.

### AHC CONFERENCE...

The Association of Hebrew Catholics is sponsoring a Catholic conference **October 1-3, 2010**. The conference is entitled: "You Shall Be My Witnesses: Hebrew Catholics and the Mission of the Church." Conference speakers will include Marty Barrack, Dr. Lawrence Feingold, David Moss, Sr. Rosalind Moss, and Roy Schoeman. Also included is a video interview with Archbishop Raymond Burke. There will be Adoration of the Blessed Sacrament, Confession, Rosary and Divine Mercy devotions, and daily Mass. Register by **September 15** for registration fee discount & special conference hotel rate. For further information or to register: please call 314-535-4242 or 314-423-1075, email [ahc@hebrewcatholic.org](mailto:ahc@hebrewcatholic.org), or visit the AHC website at [www.hebrewcatholic.org](http://www.hebrewcatholic.org).

### VOLUNTEERS NEEDED!...

St. Joseph Radio (of the EWTN Catholic Radio Network) is looking for volunteers to help with various projects at their offices in St. Charles. St. Joseph Radio is a volunteer lay apostolate dedicated to proclaiming the Catholic faith through worldwide radio broadcasting, parish missions, retreats, speaker bureaus, and numerous resource materials. To volunteer, contact Lu at 636-447-6000.

### ERASE THE STIGMA OF MENTAL ILLNESS...

On **October 1-2, 2010**, The National Shrine of Our Lady of the Snows is hosting *Out of Isolation Into Wellness*, an annual conference for family members and those who journey with someone suffering from mental illness. Keynote speakers are Jeannie Ritter and Fr. Joe Nassal. Ms. Ritter, First Lady of Colorado, is a champion for families who have someone who suffers from mental illness. Her own family's experience fueled her vision to help others understand how they can help "erase the stigma of mental illness." Fr. Nassal, CPPS, has been engaged in retreat, renewal and reconciliation ministry since 1988. Having dealt with his brother's suicide due to schizophrenia, Fr. Nassal talks about his experience from both a personal and spiritual point of view. For more information, please call 618-394-6270.

### TRIVIA NIGHT...

The Archdiocesan Department of Natural Family Planning is hosting a trivia night on **October 16, 2010** to help couples dealing with infertility offset some of the costs of adoption. \$20 per person or \$160 per table of 8. Please make your check payable and mail to: Archdiocesan Department of Natural Family Planning, 11700 Studt Rd., Ste. C, St. Louis, 63141. For more information, please contact Melissa or Diane at: 314-997-7576 or e-mail [melissa.barnason@mercy.net](mailto:melissa.barnason@mercy.net).

### TIME FOR REFRESHMENT...

Woman's Place in Maplewood offers an opportunity for women to come together for Spiritual Reflection the **second and fourth Fridays at 10:30 a.m.** Slow down, pause, and share in a reflective, reverent way and become refreshed at this event designed for women. For more info, call Sr. Irma at 314-645-4848, or visit [www.womansplacestl.org](http://www.womansplacestl.org).

### GRIEF MINISTERS WORKSHOP...

On **November 12-14, 2010**, the Office of Laity & Family Life will offer "*Blessed Are They Who Mourn: A Workshop to Train Grief Ministers*", a weekend workshop designed to help individuals and parishes begin outreach and support to the bereaved in their community. For info, please call Jo Ann at 314-792-7183 or visit [www.stlcatholics.org](http://www.stlcatholics.org)