

**MASS INTENTIONS****Sun., February 7—5th Sunday of Ordinary Time**

8:00 a.m. - Ruth Zawistowski
 10:00 a.m. - For the Parish Family
 12:00 p.m. - Lawrence Reuther
 5:00 p.m. - Kenneth Luchon

Mon., February 8—St. Jerome Emiliani and St. Josephine Bakhita

7:00 a.m. - Ruth Treadway
 8:00 a.m. - Alice and Eugene Owens, Sr.
 12:05 p.m. - Christopher Michael Bell

Tues., February 9—Weekday in Ordinary Time

7:00 a.m. - Dermott O'Toole
 8:00 a.m. - Chuck Smith
 12:05 p.m. - Robyn Hampton

Wed., February 10—St. Scholastica

7:00 a.m. - Richard Campbell
 8:00 a.m. - Lloyd Taaffe III
 12:05 p.m. - Rosemary Wilson

Thurs., February 11—Our Lady of Lourdes

7:00 a.m. - Walter Sander
 8:00 a.m. - Robin
 12:05 p.m. - Charles Thatcher

Fri., February 12—Weekday in Ordinary Time

7:00 a.m. - Rosalie Fusz
 8:00 a.m. - Katie Broderick
 12:05 p.m. - Christopher Michael Bell

Sat., February 13—Weekday in Ordinary Time

8:00 a.m. - Christopher Michael Bell
 5:00 p.m. - Arlene Thomas

Sun., February 14—6th Sunday of Ordinary Time

8:00 a.m. - Ruth Zawistowski
 10:00 a.m. - For the Parish Family
 12:00 p.m. - Catherine Q. Gummersbach
 5:00 p.m. - Mr. and Mrs. Foo Chung Wong

SCHEDULE FOR FEBRUARY 13-14, 2010**Sixth Sunday of Ordinary Time****Saturday, February 13, 2010****5:00 p.m.**

Readers: Kitty Reiter, Pat Rice
 Extraordinary
 Ministers: Kitty Reiter, Pat Rice

Sunday, February 14, 2010**8:00 a.m.**

Readers: Bill Carleton, Scott Trembl
 Extraordinary
 Ministers: Jack Davey, Nancy O'Toole,
 Bill Carleton, Anne Carleton

Ministers
 of Care: Nancy O'Toole

10:00 a.m.

Readers: Matthew Bergman, Susan Wels-Souza
 Extraordinary
 Ministers: Vito Alu, Vince Strauss,
 Linus Pottebaum, Susan Wells-Souza

Ministers
 of Care: Brother Timothy, Paul Raidt

12:00 Noon

Readers: Michael Kramer, Regina Westfall
 Extraordinary
 Ministers: Rosemary Merriman, Michael Kramer,
 Rita Sheftall, Regina Westfall

5:00 p.m.

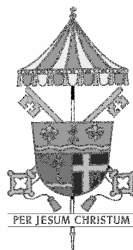
Readers: Jane Clark
 Extraordinary
 Ministers: Charles Rosso

ANNUAL STATEMENTS...

Last week, individual contribution statements were included in an all parish mailing. These contribution statements reflect parish records of each individual parishioner's financial contributions over the past calendar year, and are intended for tax information. Any parishioner who has not received this mailing is urged to contact parish Business Manager Grace Dorchester at 314-373-8231.

MASS INTENTIONS...

Specific Mass intentions for each scheduled Mass listed regularly in this bulletin are made by individual request. Every effort is made to accommodate a particular time or date as requested but when not possible, the intention is kept as soon as there is an available opportunity. Please direct all requests to the rectory.



DAILY READINGS FOR THE WEEK . . .

The readings are included each week so that the parishioners who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

Readings for the Week

February 7, 2010 through February 14, 2010

Sunday: Is 6:1-2, 3-8 Ps 138:1-5, 7-8
1 Cor 15:1-11 **or** 15:3-8, 11 Lk 5:1-11

Monday: 1 Kgs 8:1-7, 9-13 Ps 132:6-7, 8-10
Mk 6:53-56

Tuesday: 1 Kgs 8:22-23, 27-30 Ps 84:3-5, 10-11
Mk 7:1-13

Wednesday: 1 Kgs 10:1-10 (**or** Sg 8:6-7)
Ps 37:5-6, 30-31, 39-40
Mk 7:14-23 (**or** Lk 10:38-42)

Thursday: 1 Kgs 11:4-13 Ps 106:3-4, 35-37, 40
Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19
Ps 81:10-11, 12-15 Mk 7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34
Ps 106:6-7, 19-22 Mk 8:1-10

Sunday: Jer 17:5-8 Ps 1:1-4, 6
1 Cor 15:12, 16-20 Lk 6:17, 20-26

PRAYING FOR THE SICK . . .

It is our responsibility in the Lord to remember the sick, who are especially close to the Redeemer in their suffering. In the columns below you will find the names of people who have requested our prayerful intercession.

Chris Arger	Clarence McClure
Jack Barry	Robert 'Bob' McCoy
Barbara Beckemeyer	Matthew Medlock
Oscar Blue, Jr.	Michael Medlock
Lionel Bolden	Tony Merlenbach
Barbara Bradbury	Kristen Middendorf
Bryan Buffa	Diane Montileone
Beatrice Chichizola	Rachel Ostertag
Ronald Colbert	Dorothy Owens
Shellye von Dahlern	Catherine Parent
Jeanette Dawid	Gretchen Piccozzi
Edward Dillard	Wayne Ragan
Justin Donovan	Eileen Riewer
Andrew Dorsey	Andy Roth
Dorothy Edwards	Peter Roth
Rita Eshom	Nina Russo
Chelsea Gavin	Ann Sheehan
Carol Grady	Pam Stanton
Michele Grant	Barbara Stojeba
Rosemary Griffard	Fran Thetford
Bennett Gerhart	Carl Thompson
Mary Hebert	Elba Turbat
Jerome Kelly	Pat Urspruck
Deacon M. Kenney	Helen Vineyard
Sheila Kenny	Dolores Weathers
Bud Keyes	Jennie White
Linda LaBarde	James Wilkes
Chloe Lancaster	R. Wilkes
Mervin Lewis	Marge Williams
Pete Littlefield	Ramont Williams
Reverend Earl Loeffler	Harlie Wilson

ST. PATRICK'S CASSEROLE PROGRAM...

Casseroles and other offerings collected by the St. Patrick's Casserole Program provides one week of dinners for the Women's Shelter, and one night of dinners for the Men's Alumni Club. The next collection will be held **this Thursday, February 11, 2010, at Boland Hall, from 5:00 p.m. to 7:00 p.m.**

FOR THE POOR . . .

Today, and on the first Sunday of every month, the Cathedral Parish collects foodstuffs and canned goods (any items **not** requiring refrigeration) for delivery to food pantries here in the city. Donations should be placed in the baskets near the sanctuary at the side aisles. Thank you very much for your generosity!

COFFEE AND DONUTS...

The Cathedral Parish Coffee and Donuts is held in Boland Hall following the 10:00 a.m. Mass. Please join us for refreshments and fellowship!



THE CATHOLIC CENTER
Archdiocese of St. Louis

4445 Lindell Boulevard
St. Louis, Missouri 63108-2497
314.633.2222
314.633.2333 (fax)

TO CHRIST'S FAITHFUL OF THE ARCHDIOCESE OF ST. LOUIS:

ON THE OBSERVANCE OF THE HOLY SEASON OF LENT

Dear brothers and sisters in Christ,

On this coming February 17, Ash Wednesday, we begin our annual observance of the Season of Lent, a time most strong in grace for our daily living in Christ. It is a time of annual retreat for the universal Church, when all of us who have come to life in Christ through Baptism accompany our Lord into the desert for 40 days to fast and pray, in order that we, with Him, may give ourselves more completely to doing the will of God the Father in all things.

The threefold practice of prayer, fasting and almsgiving is the heart of the Lenten observance, for it is directed to the purification of our minds and hearts in a more Christlike life. The imposition of blessed ashes on our forehead at the beginning of Lent signifies the purification of our minds and hearts, which is the fruit of our Lenten observance.

Surely, we cannot doubt our spiritual need of the 40 days of Lent. We struggle in our personal lives to overcome sinful inclinations and to follow Christ with integrity of mind and heart. What is more, we live in a culture which demands ever greater courage in giving witness to Christ in the world. I urge you to adopt a Lenten plan of prayer, fasting and almsgiving, which is realistic for your state of life and which will truly open your mind and heart more completely to Christ. Remember the words of the Archangel Raphael to Tobias: "Prayer is good when accompanied by fasting, almsgiving, and righteousness. A little with righteousness is better than much with wrongdoing" (*Tob 12:8*). Make the Sacraments of the Holy Eucharist and of Penance the mainstays of your Lenten observance. They will inspire and fortify your prayer and your works of penance and almsgiving.

Attached to this letter are the Archdiocesan Directives for the Blessing and Distribution of Ashes on Ash Wednesday, as well as the Archdiocesan Lenten Regulations regarding the days of fast and abstinence.

I invoke God's blessing upon you and your home, with the prayer that God will bless abundantly your observance of the holy Season of Lent.

Sincerely yours in Christ,

Most Reverend Robert J. Carlson
Archbishop of St. Louis



ARCHDIOCESAN LENTEN REGULATIONS

Then to all Christ said, "Whoever wishes to be my follower must deny his very self, take up his cross each day, and follow in my steps" (Lk 9:23).

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics. Accordingly, the Pope and the American bishops have outlined obligatory fast and abstinence as follows:

- Ash Wednesday (February 17, 2010) and Good Friday (April 2, 2010) are days of abstinence for all Catholics over the age of 14. On these two days, fast as well as abstinence is also obligatory for those from the ages of 18 to 59. Abstinence means abstinence from meat. Fast means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted). No Catholic will lightly excuse himself or herself from this obligation.
- All other Fridays of Lent are days of abstinence from meat. Here again Catholics will not hold themselves lightly excused, but if there is a serious health problem, this obligation would not apply.
- We should strive to make all days of Lent a time of prayer and penance.

EARLY ALERT...

February 17, 2010, is Ash Wednesday, the beginning of the Lenten Season. Masses will be celebrated here at the Cathedral Basilica at 7:00 AM, 8:00 AM, 12:05 PM, and 5:30 PM. Ashes will be distributed at each of the Masses on Ash Wednesday.

AHC SEMINAR...

The Association of Hebrew Catholics continues their free Wednesday lecture series on **February 10, 2010**, 7:00 p.m. to 9:00 p.m., in Boland Hall. Dr. Lawrence Feingold teaches on "The Mystery of Israel and the Church", with a focus on themes of "The Incarnation". This week's topic is "Christ's Claim to Divinity". Please call the AHC at 314-535-4242 for further information, or visit www.hebrewcatholic.org. We encourage you to attend any or all of the lectures.

A THOUGHT ON THE SANCTITY OF LIFE...

"Human persons are not to be understood merely from the perspective of their past histories or from ... the present. ... We must always see in other human beings persons with whom we shall one day share God's joy. We must look upon them as persons who are called, together with us, to be members of the body of Christ, with whom we shall one day sit at table with Abraham, Isaac, and Jacob, and with Christ himself, as their brothers and sisters, as the brothers and sisters of Christ, and as children of God."

Pope Benedict XVI,

"In the Beginning ...": A Catholic Understanding of the Story of Creation and the Fall, p. 49.

JOURNEY THROUGH CHURCH HISTORY SESSION 9: CRUSADERS & SCHOLARS PART II

Crusaders arrive at the walls of Jerusalem in 1099. Of the 60,000 men who embark on the First Crusade, only 12,000 make it to Jerusalem. The Christian army of crusaders liberates and reclaims Jerusalem from the Muslims. Under the leadership of St. Bernard of Clairvaux, the Cistercian order flourishes.

Please join us on **Thursday, February 11, at 7:00 p.m.** for the next session of *Epic: A Journey through Church History*. For more info, call Mary Moore at 314-373-8204.

THANK YOU...

The staff and residents of the Mary Ryder Home and the Bernard Care Center would like to thank all who donated so generously to this year's Advent Giving Tree. The Parish Ministry of Care, who sponsors the Giving Tree each year, delivered over 400 items to residents of these two facilities. A gift was given to each resident and everyone was so pleased with their Christmas "treasures". In addition, personal care items that were donated helped replenish inventory reserves at the homes, so that such necessities might be available to the residents throughout the year. Stewardship involves sharing our God given gifts of time, talent and treasure at home, work, in the community, and in the parish. Thank you for your stewardship!



INFANT BAPTISM...

According to the mind of the Church, parents are obliged to see that infants are baptized within the first weeks after birth. As soon as possible after the birth, or even before it, parents should request the sacrament for their child and are to be properly instructed in preparation for it. And in order for the baptism to be scheduled, there must be a well-founded hope that the infant will be raised in the practice of the Catholic faith. Parents are encouraged to attend baptismal preparation before their child is born; then, immediately after the child is born, the date of baptism can be scheduled by calling the rectory at 314-373-8200.

HEALTH MINISTRY NEWS...

Free Exercise Sessions continue to be offered on **Monday and Wednesday from 6:00 p.m. to 7:00 p.m.** in Boland Hall. All fitness levels welcome. For more information, call Mary Moore at 314-373-8204. On the third Sunday of every month, blood pressure screening is provided free of charge following the 10:00 a.m. Mass in Boland Hall adjacent to Coffee and Donuts. Our next free screening is scheduled for **Sunday, February 21, 2010.**

TWENTY- AND THIRTY-SOMETHINGS...

The Society of St. Vincent De Paul offers a number of service opportunities for young adults, including home visitation to the needy, food pantries, thrift stores, home repair, and criminal justice programs. For more info, please contact Bryan Kirchoff at 314-640-4366 or bryankirchoff@att.net.

AN INVITATION FROM RCIA...

An invitation is extended to any adult who would like to become a member of the Catholic Church to consider the Rite of Christian Initiation of Adults. RCIA is the process in which adults enter the Catholic Church, or possibly re-enter it if they've been away a long time and may not have received their First Communion and/or been confirmed. Because of our dedicated catechists, we are able to offer RCIA year round. Anyone interested can join at any time. If you are interested in becoming Catholic or returning to the practice of your Catholic faith, contact the rectory at 314-373-8200 for more information.

ASSISTANCE FOR PARISHIONERS...

The St. Vincent de Paul Society reminds parishioners that emergency assistance is available by calling the rectory at 373-8200. Vouchers for food, clothing, and medicine, as well as assistance with utilities and rent are provided by Vincentians. The Vincentians may even be able to assist with home repairs or funeral arrangements, provided they are contacted **before** any arrangements are made. Private meetings are set up to discuss needs and available resources, and the Society carefully preserves the privacy of those they help.

WEEKLY THOUGHTS ON GIVING...

"Then I heard the voice of the Lord saying, 'Whom shall I send? Who will go for us?' 'Here I am,' I said, 'send me!'" - Isaiah 6:8

Every day – in little ways and in big ways – God asks, "Whom shall I send?". Whether it is someone to take on a new ministry or just someone to open a door for an overburdened stranger, God constantly looks to see if we are willing to respond with the eagerness in Isaiah's answer, "Here I am, send me!"

SAVE THE DATE...

The Annual Cathedral Basilica St. Patrick's Day Dinner is scheduled for **Saturday, March 13, 2010.** Save the date and stop by Boland Hall for a corned beef or gourmet pasta dinner, delicious desserts, cash bar, and Irish coffee, Irish-themed boutique, music, dance, and a chance to win a beautiful quilt made by parishioners. Tickets go on sale soon!

LENT AND CONFESSION. . .

All Catholics associate Lent with the Sacrament of Penance, Reconciliation, and Confession. Sometimes they put off going to Confession until the last minute depriving themselves of a much richer Lent; indeed, a much richer life. Sometimes they put off going because it has been too long since they last sought the direct, personal forgiveness of Christ made tangible in the sacrament; thus, additional procrastination makes it even more difficult. Everyone is urged to make their Lenten confession early, during the first weeks of Lent. In that way, the richness of God's mercy may develop the full root and stem in Lent to blossom into a hardy and brilliant Easter joy.



A WORD FROM THE CATHEDRAL CONFERENCE OF THE SOCIETY OF ST. VINCENT DE PAUL

The members of the Cathedral Conference of the Society of St. Vincent de Paul are pleased to make this annual report to you, our fellow-parishioners and generous supporters.

Members of our Society respond to requests for assistance from the needy within the Cathedral parish, by visiting these clients in their homes. Clients are more forthcoming when discussing their problems in their own environments where privacy is assured, and there is an atmosphere of trust. Such home visits can often reveal additional problems that would not otherwise have been addressed. The Society provides assistance with food vouchers, rent or utility payments, clothing or furniture vouchers, bus tickets, as well as help with employment and money management problems. In addition to the services the Society offer directly, services provided by other complementary charitable/social service organizations in the vicinity may also be recommended.

A prayer card which depicts the Cathedral is presented to each client at the conclusion of the home visit. The card is not only an invitation to visit the Cathedral, but also a reminder to both Society members and clients that the motivation for sharing is spiritual, and ultimately represents the Christian ethic. The artwork on the prayer card is a reproduction of the winning entry submitted in an annual art contest held among the children of the Cathedral School, who thereby contribute to the work of the Society.

Currently, we have 12 regular members, 1 associate member, and 1 contributing member. Regular members attend the weekly Monday evening meetings, make visits to clients, and share administrative responsibilities. Associate members occasionally attend meetings and help as needed with the work of the conference. Contributing members participate by supporting the conference financially. Members can thus adjust their contribution to the work of the Society according to their personal or family circumstances.

The main sources of funds for our work are from donations made to the Poor Box located in the rear of the church, and from bequests and contributions made by members. During the last twelve months 161 persons were assisted, the majority through home visits. Several stranded, out-of-area travelers were also assisted with gasoline vouchers or bus tickets during this period. Examples of some of our case studies follow:

- 2 families from out-of-state who were staying in the Barnes Lodge while family members were critically ill in Barnes Hospital, were assisted with food and rent.
- A single mother with 2 children, who was homeless, and whose possessions were destroyed in a fire, was assisted with the deposit for a new, subsidized apartment.
- A SLU student who was left in financial difficulty after her father's unexpected death was assisted with rent.

Our parish conference has also assisted less affluent neighboring parish conferences, as well as by twinning internationally with Society conferences in Uruguay and Colombia. We have also chosen to direct a portion of the available resources to primary education for children of needy families. Therefore, four scholarships for students at the Cathedral School and Central Catholic/St. Nicholas were established and are a continuing part of the conference's activities.

Because of the substantial bequests and the generous contributions made by parishioners and visitors, our conference is operating within its budget. On behalf of all those we are able to help because of your generosity; we wish to express our most sincere gratitude.

Cathedral Conference of the Society of St. Vincent de Paul

**REQUESTED ANNOUNCEMENTS...****From outside the Cathedral Parish...****THE GIFT OF MUSIC...**

Mary Ryder Home is looking for an enthusiastic volunteer who loves music and would be willing to help residents shine by being their choir director. Residents practice once weekly and have a few performances during the year. If you are interested, please call Terry Jones-Signaigo at 314-531-1413, ext. 224.

SPORTS TRIVIA FOR ST. PAT'S CENTER...

Sports lovers – attend an incredible sports spectacle while helping the homeless and poor! Reserve your table of 10 for the 7th Annual Sports Trivia Championship to benefit St. Patrick Center. Be among 110 teams of 10 to compete for the ultimate sports prize package on **February 12, 2010** at Chaifetz Arena at St. Louis University! Get your table of 10 today and join dozens of sports heroes and living legends in support of St. Patrick Center's mission to build permanent, positive change. For reservations, contact Katie at 314-802-1976 or kholcomb@stpatrickcenter.org.

NOTRE DAME UNIVERSITY CHOIRS...

On **Saturday, February 13, 2010**, the Notre Dame University Handbell Choir and Celebration Choir will perform at the 4:00 p.m. Mass at St. Anthony of Padua, 3140 Meramec (63118), and then again at a concert later that evening beginning at 7:00 p.m. All are invited to attend Mass as well as the free concert. For additional information, please call Brother Thom Smith at 314-655-0552.

ARE YOU READY FOR SOME SOFTBALL?

The Catholic Singles Alumni Club is looking for single or married players over 18 to join their slow pitch co-ed softball league. All skill levels welcome. Play at Brentwood Park on Sunday afternoons starting in the spring. Interested? Contact Don at 314-729-1235 or go to www.csacstlouis.org/activities.html.

HOSPITAL VOLUNTEERS...

SSM Cardinal Glennon Children's Medical Center is currently recruiting adult day and evening volunteers. For more info or to apply, contact the Volunteer Office at 314-577-5696.

HISTORY OF THE CATHOLIC MASS...

Seminar facilitator Deacon Ken Clemens (Holy Infant Parish) presents a complete overview of the Catholic Mass, from the Last Supper to the Tridentine Mass, the impact of Vatican II, traditions and rituals, and much more! Seminar is hosted by Pauline Media & Books, 9804 Watson in Crestwood, **every other Wednesday, 6:30 - 8:00 pm**. Cost is \$1 per meeting, and includes all materials. To register, e-mail our group organizer at amf630@hotmail.com.

CATHOLIC RADIO...

Make a resolution to listen to AM 1080 WRYT Catholic Radio in the New Year. Tune in to daily Holy Mass, the Divine Mercy Chaplet, and the Rosary. Participate in live call-in shows on the faith, such as Catholic Answers Live, Open Line, Reasons for Faith, and more. For a program schedule and a free CD, please call 314-752-7000 or 877-305-1234.

TEC RETREAT...

Spirit of St. Louis TEC (Together Encounter Christ) is holding its next retreat weekend **February 13-15, 2010**, at St. Pius X High School in Festus. Catholic young people 18-24 are encouraged to attend this three-day encounter with Our Lord to deepen their love for and involvement in the Catholic Church, discern their vocation, and meet other Catholic young people throughout the archdiocese. To register, visit www.stlouistec.org or contact Ron Reiter at 636-933-2088 or ronaldreiter@yahoo.com. Cost is \$60. TEC is a Catholic movement of spirituality for older adolescents and young adults, and is now active in 60 dioceses throughout the world.

MISSION POSSIBLE...

40 Days for Life St. Louis is a 100% volunteer organization which devotes its time and effort to the protection of the unborn and their mothers through Prayer, Vigil and Outreach. And "Mission Possible" is their newest effort. In an effort to begin fundraising for "Mission Impossible", 40 Days for Life will host for its kick off rally a BBQ dinner with a silent auction. This event will take place on **Sunday, February 14, 2010**, at St. Ferdinand Parish, located at 1765 Charbonier Road in Florissant.



MORE REQUESTED ANNOUNCEMENTS...
From outside the Cathedral Parish...

MASS FOR INFERTILITY...

On **Tuesday, February 16, 2010**, at 7:00 p.m., Archbishop Carlson will celebrate a special Mass in the Rigali Center Chapel for those experiencing Infertility. Valentine refreshments will follow in the Lally Room. Come celebrate this feast of Christ's love for you and take this opportunity to meet Archbishop Carlson. Reservations are not necessary. For more information, please call 314-997-7576 or e-mail melissa.barnason@mercy.net.

OPEN CLASS...

The Institute for Pastoral Theology of Ave Maria University welcomes prospective Master degree students to three open classes on **February 19-21**, at the Blessed John XXIII Center, 8300 Morganford Rd. For class information or to reserve seating, contact the IPT at (toll-free) 866-866-1100, or at ipt@avemaria.edu.

SPECIAL ED MOUSE RACES...

The Department of Special Education of the Archdiocese of St. Louis invites you to attend the "Mouse Races" on **Saturday, February 20, 2010** at DeSmet Jesuit High School, 233 North New Ballas Road. Races begin at 7:00 p.m. Games include mouse roulette/raffles/games/silent auction. Cost for the evening is \$25 per person or a table of ten for \$200. Beer/wine/soft drinks/light snacks included. For more information, contact Michelle Wright at 636-530-9129 or jmcvwright@earthlink.net. You may also register online at www.archstl.org/education.

CATHOLIC WOMEN FOR CHRIST...

We invite you to the First Annual Catholic Women for Christ Conference, "To Love and Serve the Lord" on Saturday, **February 20, 2010** at the America's Center Convention Center. Doors open at 7:00 a.m. Eucharistic Adoration chapel opens and early check-in encouraged. Early vendor shopping also available. Conference begins with a music fest at 7:30 a.m., and concludes with a closing Mass at 4:30 p.m. For more information or to register for the conference, please visit our website catholicwomenforchrist.org.

YOUNG ADULT SERVICE TRIPS...

Vincentine Opportunities for Young Adults (VOYA) will be offering two service trips in 2010 - northern Louisiana in February and Arizona in August. To find out more about these opportunities to serve the needy with other young adults, please visit www.voya.us.

CARS FOR SVDP...

"Vinnie's Autos" is a car donation and transfer program of the St. Vincent de Paul Society of St. Louis, designed to help individuals and families secure basic transportation to facilitate economic empowerment and enhanced health and safety. Please help your neighbors help themselves, and get a nice tax donation at the same time. Please call Greg Marino, "Vinnie's Autos" coordinator, at 314-881-6005, if you would like to learn more about the program or discuss making a donation.

THEOLOGY OF THE BODY...

On **Saturday, March 13**, beginning at 8:00 a.m., Christopher West, a nationally known speaker on the Theology of the Body, will be hosted by the Body of Christ Outreach at Immaculate Conception Church - Dardenne at 2079 Hwy N (63368). The seminar will present the Church's teaching on issues related to sexuality, and the use of the human body. Program fee of \$25 per person includes the study book and lunch. Come and enjoy this entertaining and dynamic speaker as he inspires a greater understanding of God's plan for man and woman. To register, contact Joe or Chris Wooldridge at 636-922-4761, or visit the Body of Christ Outreach at www.bodyofchristoutreach.org.

ARCHBISHOP'S GALA...

Archbishop Robert Carlson requests your support for the First Annual Archbishop's Gala for the benefit of the Today and Tomorrow Educational Foundation on **Tuesday, March 23, 2010**, at the Missouri Athletic Club. Proceeds from the Archbishop's Gala will be used to provide needs based tuition assistance scholarships to underserved families desiring a Catholic elementary school education for their children. To become a sponsor or purchase tickets, call 314-792-7621, email sharongerken@archstl.org or go to www.archstl.org/ttef.