

**MASS INTENTIONS****Sun., February 21—1st Sunday of Lent**

8:00 a.m. - Bob Tait
 10:00 a.m. - For the Parish Family
 12:00 p.m. - Ruth Zawistowski
 5:00 p.m. - Jessica Minix

Mon., February 22—The Chair of St. Peter

7:00 a.m. - Freddie Mae Webb
 8:00 a.m. - Thomas V. Dwerfahrd
 12:05 p.m. - Roland Richards

Tues., February 23—St. Polycarp

7:00 a.m. - Rose Leone
 8:00 a.m. - Margaret Dunn
 12:05 p.m. - Margaret Nordmann Minch

Wed., February 24—Lenten Weekday

7:00 a.m. - Kenneth Luchon
 8:00 a.m. - Lloyd Taaffe III
 12:05 p.m. - Erin Mathias

Thurs., February 25—Lenten Weekday

7:00 a.m. - Lawrence Reuther
 8:00 a.m. - Melissa Henkalinel-Kogge
 12:05 p.m. - Mary Jane Sabatino

Fri., February 26—Lenten Weekday

7:00 a.m. - Rosalie Fusz
 8:00 a.m. - Special Intention of MF
 12:05 p.m. - Richard Garrison

Sat., February 27—Lenten Weekday

8:00 a.m. - Mary Sidor
 5:00 p.m. - Ah Mao Wong

Sun., February 28—2nd Sunday of Lent

8:00 a.m. - Steve Schemeck
 10:00 a.m. - For the Parish Family
 12:00 p.m. - Ruth Zawistowski
 5:00 p.m. - Christopher Michael Bell

SCHEDULE FOR FEBRUARY 27-28, 2010**Second Sunday of Lent****Saturday, February 27, 2010****5:00 p.m.**

Readers: Sally Powers, Kitty Reiter
 Extraordinary
 Ministers: Sally Powers, Kitty Reiter

Sunday, February 28, 2010**8:00 a.m.**

Readers: Rosemary Cash, Brad Poole
 Extraordinary
 Ministers: Tom Doyle, Sandy Doyle,
 Rosemary Cash, Jack Davey

Ministers
 of Care: Toni McKenna

10:00 a.m.

Readers: Mitch Smith, Mary Elizabeth Grimes
 Extraordinary
 Ministers: Monica Vogel, Pat Rice,
 Mitch Smith, Mary Elizabeth Grimes

Ministers
 of Care: Paul Raidt, Brother Timothy

12:00 Noon

Readers: Pat Harper, Vito Alu
 Extraordinary
 Ministers: Pat Harper, Vince Strauss
 Janice Noack, Katya Fernandez

5:00 p.m.

Readers: Susan Wells-Souza
 Extraordinary
 Ministers: John Stith

MASS INTENTIONS...

The specific Mass intentions for each scheduled Mass are listed regularly in this bulletin. Those intentions are specifically requested by individual request. Every effort is made to accommodate a particular time or date when necessary, but occasionally the date or time request cannot be made, so the request will be kept as soon as there is an available opportunity. Requests for Mass intentions should be directed to the rectory.

LENTEN FISH FRY...

It's time again for the Cathedral School Lenten Fish Fry. Dinner will be served in Boland Hall beginning Ash Wednesday and then every Friday of Lent (except Good Friday). Carry-out is available. The menu will include fried cod, catfish, jack salmon, or shrimp, baked tilapia, spaghetti, mac & cheese, green beans, and slaw. Cheese pizza will also be available. So mark your calendars and get out of the kitchen! And, as always, all proceeds supporting the Cathedral School.



DAILY READINGS FOR THE WEEK . . .

The readings are included each week so that the parishioners who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

Readings for the Week

February 21, 2010 through February 28, 2010

Sunday: Dt 26:4-10 Ps 91:1-2, 10-15
Rom 10:8-13 Lk 4:1-13

Monday: 1 Pt 5:1-4 Ps 23:1-3, 4-6 Mt 16:13-19

Tuesday: Is 55:10-11 Ps 34:4-7, 16-19 Mt 6:7-15

Wednesday: Jon 3:1-10 Ps 51:3-4, 12-13, 18-19
Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25 Ps 138:1-3, 7-8
Mt 7:7-12

Friday: Ez 18:21-28 Ps 130:1-8 Mt 5:20-26

Saturday: Dt 26:16-19 Ps 119:1-2, 4-5, 7-8
Mt 5:43-48

Sunday: Gn 15:5-12, 17-18 Ps 27:1, 7-9, 13-14
Phil 3:17--4:1 (or 3:20--4:1) Lk 9:28-36

PRAYING FOR THE SICK . . .

It is our responsibility in the Lord to remember the sick, who are especially close to the Redeemer in their suffering. In the columns below you will find the names of people who have requested our prayerful intercession.

Chris Arger	Robert 'Bob' McCoy
Jack Barry	Matthew Medlock
Barbara Beckemeyer	Michael Medlock
Oscar Blue, Jr.	Tony Merlenbach
Lionel Bolden	Kristen Middendorf
Bryan Buffa	Diane Montileone
Beatrice Chichizola	Rachel Ostertag
Ronald Colbert	Dorothy Owens
Shellye von Dahlern	Catherine Parent
Jeanette Dawid	Gretchen Piccozzi
Justin Donovan	Wayne Ragan
Andrew Dorsey	Eileen Riewer
Dorothy Edwards	Peter Roth
Rita Eshom	Nina Russo
Carol Grady	Ann Sheehan
Michele Grant	Pam Stanton
Rosemary Griffard	Barbara Stojeba
Bennett Gerhart	Fran Thetford
Mary Hebert	Carl Thompson
Jerome Kelly	Elba Turbat
Deacon M. Kenney	Pat Urspruck
Sheila Kenny	Helen Vineyard
Bud Keyes	Dolores Weathers
Linda LaBarde	Jennie White
Chloe Lancaster	James Wilkes
Mervin Lewis	R. Wilkes
Pete Littlefield	Marge Williams
Reverend Earl Loeffler	Ramont Williams
Steven Mann	Harlie Wilson
Clarence McClure	

COFFEE AND DONUTS...

The Cathedral Parish Coffee and Donuts is held in Boland Hall following the 10:00 a.m. Mass. Please join us for refreshments and fellowship!

OPERATION RICE BOWL...

The effort known as **Operation Rice Bowl** has become a regular feature of Lent in Catholic homes throughout the United States. Families reduce substantially one meal eaten together to a very simple fare like soup and bread, then donate the money saved to the "rice bowl". At the end of Lent, all the "rice bowl" funds are collected through the parish and forwarded to the poor through **Catholic Relief Services**. One fourth of the funds will be used within the immediate Saint Louis area. **"Rice bowls", which include instructions and a Lenten Calendar, are located on tables at each entrance.** Please consider taking one and using it to fulfill the Universal Lenten Direction toward almsgiving or charity this Lenten season.

FOR THE POOR . . .

On the first Sunday of every month, the Cathedral Parish collects foodstuffs and canned goods (any items **not** requiring refrigeration) for delivery to some of the food pantries here in the city. Donations should be placed in the baskets near the sanctuary at the side aisles. **Our next parish food drive will be held Sunday, March 7, 2010.**



UNIVERSAL LENTEN DIRECTIONS . . .

"Whoever wishes to be my follower must deny his very self, take up his cross each day, and follow in my steps" (Lk 9:23). The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics. Universal Lenten directions are printed here in order that we may be reminded of what is expected of all Catholics for all the days of Lent.

1. **Abstinence from meat** (totally meatless days) is observed by all Catholics 14 years of age and older (no upper age limit) on Ash Wednesday and all Fridays of Lent.
2. **Fasting** is observed on Ash Wednesday and Good Friday by all Catholics between 18 and 59. Those who are bound by this eat only one full meal; two smaller meals are taken to maintain strength according to each one's needs.
3. **Fasting** on other weekdays of Lent is not obligatory but recommended most strongly; if fasting is not observed, some other form of **self-denial is obligatory** not from Church direction but from Christ's command.
4. **Prayer** is especially necessary to maintain the perspective of penance and to keep the motivation spiritual. Some substantial time should be given to prayer each day.
5. **Almsgiving** or charity is necessary to maintain and intensify the movement of the soul away from self-centeredness. A substantial donation of monetary funds and/or time and/or personal effort should be given to those in need.

NOTICE ON LENTEN SCHEDULE...

Many opportunities for observing the penitential season of Lent will be available at the Cathedral, and foremost among all is **daily Mass**. Our daily Mass schedule includes Mass at 7:00 a.m., 8:00 a.m., and 12:05 p.m. Monday through Friday. **Stations of the Cross** will be prayed every Friday evening at 7:00 p.m. Finally, the schedule for **Confessions** has been augmented to include daily confession at 7:30 a.m., Monday through Friday, in addition to our regular confession schedule as detailed on the cover of this bulletin.

LENT AND CONFESSION. . .

All Catholics associate Lent with the Sacrament of Penance, Reconciliation, and Confession. Sometimes they put off going to Confession until the last minute depriving themselves of a much richer Lent; indeed, a much richer life. Sometimes they put off going because it has been too long since they last sought the direct, personal forgiveness of Christ made tangible in the sacrament; thus, additional procrastination makes it even more difficult. Everyone is urged to make their Lenten confession early, during the first weeks of Lent. In that way, the richness of God's mercy may develop the full root and stem in Lent to blossom into a hardy and brilliant Easter joy.

STATIONS OF THE CROSS...

A privileged devotion most frequently prayed in a public service during Lent is the **Stations of the Cross**. For centuries pilgrimage to the holy places in Jerusalem and a walking the path of Christ's carrying the cross to Calvary has been an esteemed devotion and penitential practice. In similar fashion the faithful have prayed at home at fourteen "stations of the Cross" erected on the walls of their parish churches. Join us for this powerful devotional prayer **every Friday evening of Lent at 7:00 p.m.**

WEEKLY THOUGHTS ON GIVING...

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." - Deuteronomy 26:10

This simple line from the Old Testament presents us with two challenges. First, do we bring God our first fruits – the best that we have to offer? Second, do we remember that everything we have has been given to us by God? We brought nothing into this world and we can take nothing from it. So why not share what we have while we are here?

HELP OTHERS FIND EMPLOYMENT...

The Cathedral Chapter of the Catholic Employment Network is seeking new committee members for 2010. This valuable ministry provides workshops and job search resources for people of all backgrounds. To help shape the 2010 CEN program, please contact Bryan at 314-640-4366 or bryankirchoff@att.net.



Cathedral Basilica School

FISH FRY

Every Friday during Lent

(Except Good Friday)

4pm until 7pm

Located at
4430 Maryland Ave.



Take Out Orders Available

*Please come and enjoy a delicious Fish Dinner
and Support the Cathedral School*



A THOUGHT ON THE SANCTITY OF LIFE...

"[In vitro fertilization] further depersonalizes the act of generating a child, turning it into a technical process in a laboratory. This procedure is so far from a loving act of the spouses that it can even be used to conceive a child if neither of them is alive, for the body of neither one is involved in the act of generating this life once sperm and egg are obtained and stored. Because these embryos are deliberately created not in the nurturing environment of the mother's body but in the poor substitute of a culture in a glass dish, the great majority of them die."

United States Conference of Catholic Bishops, Life-Giving Love in an Age of Technology (Nov. 2009)

JOURNEY THROUGH CHURCH HISTORY

NO. 10: CRUSADERS & SCHOLARS PART III

St. Louis IX, king of France, known as the "Perfect Crusader," is an extraordinarily devout Christian and a loving husband and father who gives his all for the glory of God and His Church. At this time a heresy arises that borrows teachings from the Gnostic heresy that infected the early Church. Known as the Albigensian heresy, its adherents preach that matter is evil and only the spirit is good. Please join us on **Thursday, February 25, at 7:00 p.m.** for the next session of *Epic: A Journey through Church History*. For more info, call Mary Moore at 314-373-8204.

HEALTH MINISTRY NEWS...

Free Exercise Sessions continue to be offered on **Monday & Wednesday from 6:00 p.m. to 7:00 p.m.** in Boland Hall. For more info, call Mary Moore at 314-373-8204. Also, **today**, and on the third Sunday of every month, blood pressure screening is provided free of charge following the 10:00 a.m. Mass in Boland Hall adjacent to Coffee and Donuts.

AHC SEMINAR...

The Association of Hebrew Catholics will be taking a few weeks off, but join them when they continue their free lecture series on **March 3, 2010, 7:00 p.m.** to 9:00 p.m., in Boland Hall. The March 3 topic will be "Modernist Attack on the Divinity of Christ: Was Christ's Claim a Myth?". Call the AHC at 314-535-4242 for more info, or visit www.hebrewcatholic.org.

The Cathedral Basilica of Saint Louis Presents...

An Irish Evening

Saturday March 13 2010

Boland Hall, 4430 Maryland Avenue

Dinner served from 5:00 pm to 7:00 pm

Featuring Traditional Corned Beef & Cabbage

OR Gourmet Pasta Dinners

Adults \$7.00 Children Under 12 \$3.00

Desserts, Cash Bar, & Irish Coffee,

With An Irish-Themed Bouzique &

"Irish Rose" Quilt Raffle also available

SPECIAL GUESTS

Music & Entertainment

beginning at 7:00 pm

Tickets available through the Cathedral Basilica Rectorry,
The Cathedral School, The Cathedral Gift Shop, or by
calling Laura Fister at 314-367-5149



REQUESTED ANNOUNCEMENTS...

From outside the Cathedral Parish...

OPEN CLASS...

The Institute for Pastoral Theology of Ave Maria University welcomes prospective Master degree students to three open classes on **February 19-21**, at the Blessed John XXIII Center, 8300 Morganford Rd. For class information or to reserve seating, contact the IPT at (toll-free) 866-866-1100, or at ipt@avemaria.edu.

CHILI SUPPER AND TRIVIA NIGHT...

Join St. Agnes School in Bloomsdale, Missouri, on **Saturday, February 27, 2010**, for a Chili Supper and Trivia Night. Chili supper will be served from 5:00 p.m. to 7:00 p.m., with Trivia beginning at 7:30 p.m. The event will be held at the Bloomsdale Knights of Columbus Hall. Cost is \$120 per team (up to 8 members). Cash prizes, 50/50 Drawing, and Attendance prizes to be awarded. Cash bar and snacks will be available, or bring your own snacks, but no coolers please. To register or for more info, call Heather at 573-483-3282, or email heatherhuckot@yahoo.com.

ARE YOU READY FOR SOME SOFTBALL?

The Catholic Singles Alumni Club is looking for single or married players over 18 to join their slow pitch co-ed softball league. All skill levels welcome. Play at Brentwood Park on Sunday afternoons starting in the spring. Interested? Contact Don at 314-729-1235 or go to www.csacstlouis.org/activities.html.

WINE TASTING TO BENEFIT HOMELESS...

Join Peter & Paul Community Services for "Wine at the Abbey" on **Saturday, February 27, 2010** at the 9th Street Abbey, 1808 South 9th Street (63104). Come and enjoy fine wine, antepasti samplings from the best of St. Louis restaurants, live music, and a Chinese auction. Peter & Paul Community Services provides housing and supportive services to persons who are homeless, especially those who experience mental illness or live with HIV or AIDS. Tickets are \$25.00 per person, and reservations are required. For reservations or additional information, please contact Emily at Peter & Paul Community Services at 314-588-7111 ext. 203 or by e-mail at ewanner@ppcsinc.org.

HISTORY OF THE CATHOLIC MASS...

Seminar facilitator Deacon Ken Clemens (Holy Infant Parish) presents a complete overview of the Catholic Mass, from the Last Supper to the Tridentine Mass, the impact of Vatican II, traditions and rituals, and much more! Seminar is hosted by Pauline Media & Books, 9804 Watson in Crestwood, **every other Wednesday, 6:30 - 8:00 pm**. Cost is \$1 per meeting, and includes all materials. To register, e-mail our group organizer at amf630@hotmail.com.

CATHOLIC RADIO...

For inspiration during the Lenten season listen to AM 1080 WRYT, Catholic radio. Hear Lenten Parish Mission with Father Bill Casey and the Stations of the Cross. Plus, daily Holy Mass, the Holy Rosary and the Divine Mercy Chaplet. For a program schedule and a free CD, call 314-752-7000 or 877-305-1234.

NFP WEB COURSE...

Are you married or engaged? Do you minister to the engaged or married? If so, you may be interested in a six week web course offered on "**Theological, Scientific and Practical aspects of Natural Family Planning**". This on-line course will run from **March 1 through April 26, 2010**, and will be offered through the Office of NFP and Pope Paul VI Catechetical Institute. For more info or to register, contact Melissa 314-997-7576 or melissa.barnason@mercy.net.

FOR MATURING ADULTS...

"On Becoming a Spiritual Mentor - New Opportunities for Faith Deepening" will be presented by Dr. Richard Johnson on **Thursday, March 4**, 10:00 a.m. to 3:00 p.m. at the Cardinal Rigali Center in Shrewsbury. This workshop is designed for Maturing Adults who wish to form deeper relationships and demonstrate God's love in their lives with others, whether family, friends, or acquaintances. \$35 pre-registration fee includes lunch. For a brochure or to register, please call the Office of Laity & Family Life, 314-792-7183.

HOSPITAL VOLUNTEERS...

SSM Cardinal Glennon Children's Medical Center is currently recruiting adult day and evening volunteers. For more info or to apply, contact the Volunteer Office at 314-577-5696.



CARS FOR SVDP...

"Vinnie's Autos" is a car donation and transfer program of the St. Vincent de Paul Society of St. Louis, designed to help individuals and families secure basic transportation to facilitate economic empowerment and enhanced health and safety. Please help your neighbors help themselves, and get a nice tax donation at the same time. Please call Greg Marino, "Vinnie's Autos" coordinator, at 314-881-6005, if you would like to learn more about the program or discuss making a donation.

THE GIFT OF MUSIC...

Mary Ryder Home is looking for an enthusiastic volunteer who loves music and would be willing to help residents shine by being their choir director. Residents practice once weekly and have a few performances during the year. If you are interested, please call Terry Jones-Signaigo at 314-531-1413, ext. 224.

PASCHAL MYSTERY SERIES...

These eight sessions at Mercy Center will be held Tuesday evenings, 7:00-8:30 pm, **March 2-April 20, 2010**. During the Lenten and Easter seasons, participants will explore the Paschal mystery through the experiences of various scriptural figures. The series involves daily Scriptural reading and prayer, sharing of insights from prayer, background on upcoming passages, and group prayer. Presenter Joe Milner is Pastoral Associate at St. Francis Xavier College Church. Cost \$80. Contact Alice Kehm (314)909-4671.

THEOLOGY OF THE BODY...

On **Saturday, March 13**, beginning at 8:00 a.m., Christopher West, a nationally known speaker on the Theology of the Body, will be hosted by the Body of Christ Outreach at Immaculate Conception Church - Dardenne at 2079 Hwy N (63368). The seminar will present the Church's teaching on issues related to sexuality, and the use of the human body. Program fee of \$25 per person includes the study book and lunch. Come and enjoy this entertaining and dynamic speaker as he inspires a greater understanding of God's plan for man and woman. To register, contact Joe or Chris Wooldridge at 636-922-4761, or visit the Body of Christ Outreach at www.bodyofchristoutreach.org.

WEBSTER STUDENTS...

The Society of St. Vincent De Paul, one of the largest and oldest Catholic organizations for serving the poor in the world, is exploring the possibility of establishing a chapter at Webster University. This chapter will work with an existing chapter to provide assistance to the needy, as well as perform projects of its own. The Society needs one or more student volunteers to work with it on refining and implementing this concept on campus. If you would like an opportunity to be in on this worthwhile work from the very start, please contact SVDP Youth/Young Adult Rep Bryan Kirchoff at 314-640-4366 or bryankirchoff@att.net.

TAIZE PRAYER FOR LENT...

On Sunday, **March 14, 2010**, from 7:00 - 8:00 p.m. at Mercy Center, a special Lenten Taize prayer will be held. This is an ecumenical service of song, silence, and scripture. "That Little Springtime" -- an introductory video about the history, spirit, and prayer style of the Taize community in France--will be shown at 6:30 p.m.. Reservations not required. Donations welcome. Contact Rita O'Dea 314-909-4663.

MAGNIFICAT BREAKFAST...

The 2010 Women's Magnificat Prayer Breakfast, featuring guest speaker Dr. Sony Sakhrani, will be held on **Saturday, March 20**, 9:00 am. till noon, at the Cardinal Rigali Center, 20 Archbishop May Dr., Shrewsbury. \$15 includes breakfast. To register or for more info, call Nancy at the Catholic Renewal Center at 314-427-7786 or email janeguenther@archstl.org. **NO reservations will be accepted after March 12.**

ARCHBISHOP'S GALA...

Archbishop Robert Carlson requests your support for the First Annual Archbishop's Gala for the benefit of the Today and Tomorrow Educational Foundation on **Tuesday, March 23, 2010**, at the Missouri Athletic Club. Proceeds from the Archbishop's Gala will be used to provide needs based tuition assistance scholarships to underserved families desiring a Catholic elementary school education for their children. To become a sponsor or purchase tickets, call 314-792-7621, email sharongerken@archstl.org or go to www.archstl.org/ttef.