**MASS INTENTIONS****Sun., August 2—18th Sunday in Ordinary Time**

- 8:00 a.m. - Don and Melody Wagner
 10:00 a.m. - For the Parish Family
 12:00 p.m. - Tanner Chrisler, Sr.
 5:00 p.m. - For the Holy Souls in Purgatory

Mon., August 3—Weekday in Ordinary Time

- 7:00 a.m. - Zoud Roukous
 8:00 a.m. - Greg Judge
 12:05 p.m. - Sara Richards and Elizabeth Benoist

Tues., August 4—St. John Mary Vianney

- 7:00 a.m. - Ruth Ferris
 8:00 a.m. - Gloria Franey
 12:05 p.m. - Valerie Stringer

Wed., August 5—Dedication of the Basilica of Saint Mary Major in Rome

- 7:00 a.m. - Scott Kennebeck
 8:00 a.m. - Lloyd Taaffe III
 12:05 p.m. - Mike Balsamo

Thurs., August 6—Transfiguration of the Lord

- 7:00 a.m. - Special Intentions JB
 8:00 a.m. - Raymond Stratmann
 12:05 p.m. - Foo Chung Wong

Fri., August 7—St. Sixtus II & Companions

- 7:00 a.m. - Rosalie Fusz
 8:00 a.m. - Raymond Ytzaina
 12:05 p.m. - Rosemary Sparks

Sat., August 8—St. Dominic

- 8:00 a.m. - Our Veterans
 5:00 p.m. - Robin Wagner

Sun., August 9—19th Sunday in Ordinary Time

- 8:00 a.m. - Felisa Garchitorina
 10:00 a.m. - For the Parish Family
 12:00 p.m. - Jere M. McAdams
 5:00 p.m. - Mary Jane Sabatino

MASS INTENTIONS...

The specific Mass intentions for each scheduled Mass are listed regularly in this bulletin, and are made by individual request. Every effort is made to accommodate a particular time or date when necessary, but occasionally the request cannot be made, so will be kept as soon as there is an available opportunity. Intention requests should be directed to the rectory.

**SCHEDULE FOR
AUGUST 8-9, 2009****Nineteenth Sunday in Ordinary Time****Saturday, August 8, 2009****5:00 p.m.**

- Readers: Regina Westfall, Myra Ball
 Extraordinary
 Ministers: Ed Fick, Helen Fick,
 Karen Sailor, Tom Sailor

Sunday, August 9, 2009**8:00 a.m.**

- Readers: Pat Rice, Brad Poole
 Extraordinary
 Ministers: Kitty Reiter, Tom Doyle,
 Michael Weisbrod, Richelle Weisbrod
 Ministers
 of Care: Sue Mullen

10:00 a.m.

- Readers: Gibney Moore, Matthew Bergman
 Extraordinary
 Ministers: Jerry Danekas, Sr. Charlotte Rigali,
 Monica Vogel, Barbara McElroy

12:00 Noon

- Readers: Tim Hirzel, Rita Sheftall
 Extraordinary
 Ministers: Vince Strauss, Tim Hirzel,
 Rosemary Merriman, Rita Sheftall

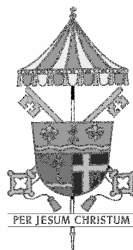
5:00 p.m.

- Readers: Jane Clark
 Extraordinary
 Ministers: Charles Rosso

WEEKLY THOUGHTS ON GIVING...

"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not." - Exodus 16:4

God frowns upon it when we take or keep more than we need. When the Israelites gathered more than their daily portion of manna, that which they hoarded away became wormy and rotten. In the same way, God calls us today to be content with a fair portion and to be willing to share the rest.



DAILY READINGS FOR THE WEEK . . .

The readings are included each week so that the parishioners who are unable to join us for daily Mass will be able to consider and pray them in union with the whole Church.

**Readings for the Week
August 2 through August 9, 2009**

Sunday: Ex 16:2-4, 12-15 Ps 78:3-4, 23-25, 54
Eph 4:17, 20-24 Jn 6:24-35
Monday: Nm 11:4-15 Ps 81:12-17 Mt 14:13-21
Tuesday: Nm 12:1-13 (or Ez 3:17-21)
Ps 51:1, 3-7, 12-13 Mt 14:22-36
(or Mt 15:1-2, 10-14 or Mt 9:35--10:1)
Wednesday: Nm 13:1-2, 25--14:1, 26-29, 34-35
Ps 106:6-7, 13-14, 21-23 Mt 15:21-28
Thursday: Dn 7:9-10, 13-14 Ps 97:1-2, 5-6, 9
2 Pt 1:16-19 Mk 9:2-10
Friday: Dt 4:32-40 Ps 77:12-16, 21 Mt 16:24-28
Saturday: Dt 6:4-13 (or 1 Cor 2:1-10)
Ps 18:2-4, 47, 51
Mt 17:14-20 (or Lk 9:57-62)
Sunday: 1 Kgs 19:4-8 Ps 34:2-9
Eph 4:30--5:2 Jn 6:41-51

PRAYING FOR THE SICK . . .

It is our responsibility in the Lord to remember the sick, who are especially close to the Redeemer in their suffering. In the columns below you will find the names of people who have requested our prayerful intercession.

Chris Arger	Kristen Middendorf
Barbara Beckemeyer	Maggie Corkery Miller
Barbara Bradbury	Diane Montileone
Bryan Buffa	Dick Mullen
Beatrice Chichizola	Rachel Ostertag
Ronald Colbert	Dorothy Owens
Shellye von Dahlern	Catherine Parent
Jeanette Dawid	Gretchen Piccozzi
Edward Dillard	Wayne Ragan
Justin Donovan	Eileen Riewer
Andrew Dorsey	Peter Roth
Dorothy Edwards	Nina Russo
Rita Eshom	Ann Sheehan
Chelsea Gavin	Raymond Lindsay Shives
William Geary	Pam Stanton
Carol Grady	Barbara Stojeba
Rosemary Griffard	Fran Thetford
Bennett Gerhart	Carl Thompson
Mildred Kelemetz	Elba Turbat
Jerome Kelly	Helen Vineyard
Deacon M. Kenney	Dolores Weathers
Sheila Kenny	Jennie White
Bud Keyes	James Wilkes
Linda LaBarde	R. Wilkes
Chloe Lancaster	Marge Williams
Mervin Lewis	Ramont Williams
Pete Littlefield	Evelyn Winn
Reverend Earl Loeffler	Harlie Wilson
Robert 'Bob' McCoy	

COFFEE AND DONUTS...

The Cathedral Parish Coffee and Donuts is held in Boland Hall following the 10:00 a.m. Mass. Please join us for refreshments and fellowship!

CATHEDRAL TOURS...

Each Sunday, tours of our beautiful church are offered following the noon Mass. Tours are also available during the week from 10:00 a.m. until 11:45 a.m. and again from 1:00 p.m. until 3:00 p.m. Please call 314-373-8242 to set up your group tours.

FOR THE POOR . . .

Today, and on the first Sunday of every month, the Cathedral Parish collects foodstuffs and canned goods (any items **not** requiring refrigeration) for delivery to food pantries here in the city. Donations should be placed in the baskets near the sanctuary at the side aisles. Thank you very much for your generosity!

SCHOOL NEWS...

Cathedral School begins Wednesday, August 19th! We continue to enroll for our Preschool (3 & 4 year olds) through 8th grade. For information or to schedule a tour, please call Mrs. Michel Wendell, Cathedral School Principal, at 314-373-8250. Also, please join us for our Open House on Monday, August 17, from 6:00 p.m. to 8:00 p.m. Come and meet the teachers!



RESPECT LIFE ACTION ALERT: Reform Health Care & Protect Human Life and Dignity

Please take a moment after Mass to sign and mail the letters presented here in our parish bulletin (one to each U.S. Senator, and one to your District Representative) regarding the health care legislation currently being considered. Addresses for Senators and Representatives are listed below. Please help ensure that the benefits of expanding quality, affordable care are not outweighed by including policies that violate the right to life and healthcare professionals' conscience protections. If you have any questions, please contact the Archdiocesan Respect Life Apostolate at 314-792-7555.

Dear Senator Bond,

As the Senate considers health care reform legislation, please consider the following elements that are important to me and to many of your constituents:

- Include health care coverage for all people from conception until natural death;
- Continue the federal ban on funding for abortions and reject any mandate for abortion coverage or access to abortion;
- Include access for all with a special concern for the poor and vulnerable and support inclusion for legal immigrants;
- Preserve pluralism, including freedom of conscience for providers, health care workers and patients; and
- Restrain costs and apply costs equitably among payers.

It is critical that the benefits of expanding quality, affordable care are not outweighed by including policies that violate the right to life and healthcare professionals' conscience protections.

I would appreciate a written response telling me how you plan to vote on these matters.

Signed: _____

Address: _____

Print Name: _____

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Dear Senator McCaskill,

As the Senate considers health care reform legislation, please consider the following elements that are important to me and to many of your constituents:

- Include health care coverage for all people from conception until natural death;
- Continue the federal ban on funding for abortions and reject any mandate for abortion coverage or access to abortion;
- Include access for all with a special concern for the poor and vulnerable and support inclusion for legal immigrants;
- Preserve pluralism, including freedom of conscience for providers, health care workers and patients; and
- Restrain costs and apply costs equitably among payers.

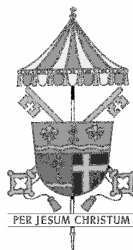
It is critical that the benefits of expanding quality, affordable care are not outweighed by including policies that violate the right to life and healthcare professionals' conscience protections.

I would appreciate a written response telling me how you plan to vote on these matters.

Signed: _____

Address: _____

Print Name: _____



Contact Information

Missouri U.S. Senators:

Sen. Kit Bond
 7700 Bonhomme #615
 St. Louis, MO 63105
 Phone: (314)725-4484
 Phone: (202) 224-5721
 bond.senate.gov

Sen. Claire McCaskill
 5850 A Delmar Blvd.
 St. Louis, MO 63112
 Phone: (314) 367-1364
 Phone: (202) 224-6154
 mccaskill.senate.gov

Missouri Congressmen:

Rep. William "Lacy" Clay, District 1
 625 N. Euclid St. Suite 201
 St. Louis, MO 63108
 Phone: (314) 367-1970
 Phone: (202) 225-2406
 lacyclay.house.gov

Rep. Todd Akin, District 2
 301 Sovereign Court Suite 201
 St. Louis, MO 63011
 Phone: (314) 590-0029
 Phone: (202) 225-2561
 akin.house.gov

Rep. Russ Carnahan, District 3
 8764 Manchester Rd. Suite 203
 St. Louis, MO 63144
 Phone: (314) 962-7169
 Phone: (202) 225-2671
 carnahan.house.gov

Rep. Jo Ann Emerson, District 8
 22 East Columbia
 Farmington, MO 63640
 Phone: (573) 756-9755
 Phone: (202) 225-4404
 www.house.gov/emerson

Rep. Blaine Luetkemeyer, District 9
 516 Jefferson Street
 Washington, MO 63090
 Phone: (202) 225-2956
 Phone: (573) 886-8929
 Luetkemeyer.house.gov

Not sure who your congressman is?
 Go to www.congress.org or call
 Missouri Catholic Conference
 (573) 635-6254
 Board of Election Commissioners
 (314) 951-0100

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Dear Representative _____,

As the House considers health care reform legislation, please consider the following elements that are important to me and to many of your constituents:

- Include health care coverage for all people from conception until natural death;
- Continue the federal ban on funding for abortions and reject any mandate for abortion coverage or access to abortion;
- Include access for all with a special concern for the poor and vulnerable and support inclusion for legal immigrants;
- Preserve pluralism, including freedom of conscience for providers, health care workers and patients; and
- Restrain costs and apply costs equitably among payers.

It is critical that the benefits of expanding quality, affordable care are not outweighed by including policies that violate the right to life and healthcare professionals' conscience protections.

I would appreciate a written response telling me how you plan to vote on these matters.

Signed: _____

Address: _____

Print Name: _____



“DOWRY DINNER” AND HOLY HOUR FOR VOCATIONS

On August 22, 2009, Valerie Stringer, who has worked at the Cathedral as sacristan for the past year, will begin her new life as a candidate for the Sisters of Mary, Mother of the Church in Spokane, WA.

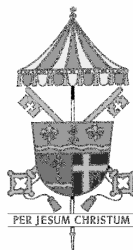
To help her celebrate this endeavor, and as a way to sponsor her in religious life a fundraiser will be held on Tuesday, August 4, 2009.



Menu will include: Salad, spaghetti and meatballs, garlic bread and a selection of home made desserts! Cash bar will be available.

- WHEN:** Tuesday, August 4, 2009 (The Feastday of St. John Vianney)
Dinner will be served from 5:00 PM to 6:30 PM
Holy Hour for Vocations will follow at 7:00 PM in the Cathedral
- WHERE:** Cafeteria at Boland Hall, just to the west of the Cathedral Basilica
4430 Maryland St. Louis, MO 63108
- WHY:** To help raise funds for Valerie's dowry, \$2000, in addition to medical insurance costs for 3 years (Total of about \$6000 needed)
- TICKETS:** May be purchased in advance for \$15.00 at the Cathedral Rectory office or by calling (314) 373-8201. Tickets will cost \$20.00 at the door. Additional donations will also be accepted.

In honor of the Feast of St. John Vianney, patron of priests, and specially venerated during this Year of Priests, public veneration of a relic of the saint will be available following the Holy Hour.



JOURNEY THROUGH CHURCH HISTORY...

Last Lenten season, the Cathedral Basilica joined parishes throughout the Archdiocese of St. Louis in studying scripture together using a program called "*A Quick Journey Through the Bible*", which helped participants make Scripture a part of their lives like never before. **This summer, the Cathedral Basilica is pleased to offer the next program in this adult education series**, a 20-week DVD-based program entitled "*Epic: A Journey Through Church History*". In this fascinating study, Church historian Steve Weidenkopf presents the 2000-year history of the Catholic Church through the lens of Catholicism. Participants will gain the information necessary to respond to the distortions and misrepresentations of Catholic history that are so common in our world today. Cost for the seminar is \$24, which covers the cost of the program workbook. Tentative meeting times being considered are Sunday afternoons, Tuesday afternoons, and/or Thursday evenings. For more information, please contact Betty at 314-772-7826 (for the Tuesday session) or Mary Moore at 314-373-8204 (for the Sunday or Thursday sessions).

A THOUGHT ON THE SANCTITY OF LIFE...

"[Abortion is] a defining issue not only personally but socially. Poverty can be addressed incrementally, but the death of a child is quite final."

Cardinal Francis George

THE STUDY OF SACRED READINGS...

The next session of the Cathedral's Sacred Reading Group will be held **Thursday, August 13 at 7:00 p.m.** in the parish rectory. To mark the Year of St. Paul, the Sacred Reading Group continues its focus on the writings of St. Paul. Please contact Mary Moore at 314-373-8204 for additional info.

CATHEDRALFETE GRAB BAG...

We are seeking donations for a grab bag that will be priced up to \$10/bag depending on the contents. Items might include wine, gift cards, kid's back-to-school supplies, or anything you would enjoy. Prizes will be placed inside brown grocery store bags. Please drop off items after the 10:00 a.m. Mass, at Coffee and Donuts. Questions? Call Monica at 636-530-7042.

NEW CATHEDRAL YOUNG ADULTS...

The New Cathedral Young Adult Group announces the following upcoming activities:

August 10 - Help the Franciscans provide back-to-school supplies to low-income children by bringing a backpack or other school supplies to Parish Coffee & Donuts following the 10 a.m. Mass on August 10.

September 26 - Volunteer to help at the Cathedralfete beer booth. If interested, please contact Paula 314-644-2328 or paulaex@yahoo.com.

The NCYAG is a group of married and single adults in their 20's and 30's whose mission is the development of faith-filled Catholics through the provision of spiritual, social, and service opportunities.

A NEW FETE, A NEW SILENT AUCTION...

The Fete is right around the corner, and we would ask each family in the Parish to look around their house and find one gently used (but nice!) item that you'd be willing to donate to the auction. Or as an alternative, buy an item, make a theme basket, or donate a gift certificate from a place that you frequent. Event tickets are always a nice addition as well. **Volunteers will be available to accept your donation at the entrance of Boland Hall between the 10:00 a.m. and noon Masses, each Sunday until September 20.** Questions? Please call Suzzi Harper at 314-395-8050.

HEALTH MINISTRY NEWS...

The Health Committee is scheduled to meet on **Tuesday, August 11**, at 7:00 p.m. in the rectory. Discussion topics will include planning for Cathedralfete, as well as setting dates for fall flu shots and Blood Donor Sunday. And remember, on the third Sunday of every month, blood pressure screening is provided free of charge following the 10:00 a.m. Mass in Boland Hall adjacent to Coffee and Donuts. **The next screening is scheduled for Sunday, August 16.**

ST. PATRICK'S CASSEROLE PROGRAM...

Casseroles and other offerings collected by the St. Patrick's Casserole Program provides one week of dinners for the Women's Shelter, and one night of dinners for the Men's Alumni Club. The next collection will be held **Thursday, August 13, 2009, at Boland Hall, from 5:00 p.m. to 7:00 p.m.**

**REQUESTED ANNOUNCEMENTS...****From outside the Cathedral Parish...****TOO OLD FOR THE YOUNG ADULTS?**

Active St. Louis Catholic Singles (ASTLCS), a community of active singles in their 40's – 60's, is holding their September Planning Meeting **today, Sunday, August 2, 4:00 p.m., at Border's Bookstore**, 11745 Olive Blvd, in Creve Coeur. For additional information, contact Kathy at kateelou5@sbcglobal.net, or visit their website at www.astlcs.com.

HOLY HOUR FOR VOCATIONS...

Monsignor Edward Rice, director of vocations for the Archdiocese of St. Louis, will host a Holy Hour for Vocations on the **first Friday of each month at 7:30 p.m.**, at Holy Redeemer Parish, 17 Joy Avenue, in Webster Groves. All those interested in promoting vocations to the priesthood and religious life, as well as those who are discerning a vocation, are welcome and encouraged to attend. The Holy Hour will include exposition of the Blessed Sacrament, a Gospel reading with reflection and quiet time for prayer, and will conclude with Night Prayer and Benediction.

CATHOLIC RADIO...

Pray along with us on AM 1080 WRYT Catholic radio. Devotions include the Angelus, the Divine Mercy Chaplet, the Rosary and daily Holy Mass. Plus live call-in shows to answer your questions on the Catholic faith, such as, Open Line, Reasons for Faith, Catholic Answers, and Faith & Family. For a program schedule and a free CD, please call 314-752-7000 or 877-305-1234.

THE STORY OF YOUR FAITH...

"Ginger Snaps and Sandal Straps: Leaving a Legacy of Faith for Your Loved Ones", will be presented by Dr. Richard Johnson, **Thursday, August 20, 10:00 a.m. to 3:00 p.m.** at the Cardinal Rigali Center in Shrewsbury. Designed to help maturing adults discover the fingerprints of God in their lives, capture the memories, and tell their story to loved ones. \$35 pre-registration fee includes lunch. For a brochure or to register, please call the Office of Laity & Family Life, 314-792-7183.

VOLUNTEERS NEEDED...

Catholic Charities of the Archdiocese of St. Louis is currently seeking 10 volunteers to donate four hours a week to answer phones and greet visitors at the Catholic Charities Office at 4532 Lindell Blvd. Please contact Greg Rohde for more info at rohde@ccstl.org or 314-367-5500 x155.

TRIVIA NIGHT...

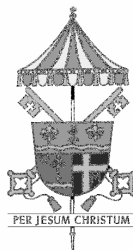
Almost Home is hosting their annual Trivia Night on **Saturday, August 22**, at the Richmond Heights Community Center, 8001 Dale Avenue. Doors open at 6:30 p.m. with play at 7:00 p.m. Tables of 8 are \$140. Soda, water, and snacks will be provided; BYO food and drink (NO glass bottles please). Almost Home, opened by the Franciscan Sisters of Mary in 1993, provides transitional housing, education and counseling for homeless teenage moms in the St. Louis area. Contact Christa at 314-771-4663 for more info.

A WORKSHOP FOR WOMEN...

Woman's Place presents "Self Esteem: A Workshop For Women". Claim your inner spark and learn to experience yourself as confident and competent to cope with the challenges of life, and as deserving of happiness. This workshop is scheduled for **Saturday, August 22**, 9:00 a.m. to 1:00 p.m., at Woman's Place, 7372 Marietta Ave, in Maplewood (63143). Pre-registration is required. To register or for additional information, please call 314-645-4848, or visit our website at www.womansplacestl.org. Woman's Place is a ministry of the Franciscan Sisters of Mary.

TASTING PARTY...

Catholic Renewal Center is hosting a Free Tasting Party for their first cookbook on **Sunday, August 23**, noon to 6:00 p.m., at Holy Trinity School Cafeteria, 10901 St Henry Lane, in St Ann. Some of the recipes will be available for sampling, and the cookbook will be available for sale. The event also features a Gift Market, which will include various vendors such as Southern Living. We invite all to come and enjoy the fun, food and fellowship. The event is free, but your RSVP is requested to help us prepare enough food. To RSVP, or if you are a vendor needing booth space, please contact us at 314-427-7786.



MORE REQUESTED ANNOUNCEMENTS...

From outside the Cathedral Parish...

SINGLES BIBLE STUDY...

Bible Study for all single Catholics, every other Wednesday evening, 6:30 - 8:00 p.m., at Pauline Media & Books, 9804 Watson Rd., with facilitator Deacon Ken Clemens. To sign up and get info about the next scheduled meeting, visit www.meetup.com/Single-Catholics-Bible-Study.

BACK-TO-SCHOOL HELP...

Help needy children start the school year with the supplies they need. St. Patrick Center is asking parish families to support our Back-to-School Backpack Giveaway. Please consider "adopting" a school child and donating a backpack filled with supplies. It's easy! Take a Backpack Tag (listing school supplies needed for one child) from your parish display. Tie the tag to your new, filled backpack and return to your parish. For more information, or to request Backpack Tags, contact Alicia Wildhaber at 314-802-5489 or aweber@stpatrickcenter.org.

TIME FOR REFRESHMENT...

Woman's Place in Maplewood offers an opportunity for women to come together for Spiritual Reflection the **second and fourth Fridays at 10:30 a.m.** at the Woman's Place. Slow down, pause, and give attention to the spirit within. Share in a reflective, reverent way and become refreshed at this event designed for women. You are most welcome! For information, call Sr. Irma at 314-645-4848, or visit our website at www.womansplacestl.org. Woman's Place is a ministry of the Franciscan Sisters of Mary.

SKILLED NURSING CARE...

Are you searching for the right place for your loved one who is in need of skilled nursing care? The Mother of Good Counsel Home is a Skilled Nursing Facility run by the Sisters of St. Francis of the Martyr St. George. We provide for all of the daily needs for our residents along with spiritual opportunities, daily Mass, Rosary, and other devotions to feed their spirits. To learn more, contact us at 314-383-4765 or visit our website at www.mogch.org.

BIENNIAL YOUTH CONVENTION...

On **October 8, 2009**, the Respect Life Apostolate will host the Biennial Youth Convention. This year's theme will center around pro-life apologetics, or how to effectively discuss the issues. The convention will be held at Saint Louis University-Busch Student Center 8:30 a.m. to 2:00 p.m. If interested in learning how you can help, contact Program Coordinator, Shelly Fravala, at shellyfravala@archstl.org or 792-7557.

ANNUAL SILVER AND GOLDEN WEDDING JUBILEE MASS...

A special Mass celebrated by Archbishop Robert J. Carlson will be held on **Sunday, October 11, 2009**, at 2:30 p.m. here at the Cathedral Basilica. All those married 25, 50, or 50-plus years who register before September 25 will have their names and the date of their wedding printed in a beautiful keepsake program and receive a certificate of congratulations signed by the Archbishop. Call 314-792-7170 for reservations.

SAVE THE DATE...

On Sunday, November 15, 2009, the Lwanga Center will celebrate the history of Black Catholics with a demonstration of the gift of African American style music to traditional worship. More details soon to follow. For more info, please contact the Lwanga Center at 314-367-7929 or jbrown@lwangacenter.org.

COME AND SEE WEEKENDS...

Come and See Weekends are opportunities for high school-age men to experience daily life in the Cardinal Glennon College program. For more info, call Zach Povis at 314-792-6286, or visit www.stlvocations.org.

OPEN PLAY VOLLEYBALL...

The Catholic Singles Alumni Club invites single and married players to Open Play Volleyball on Tuesdays from 6:30-8:30 p.m. at Incarnate Word Parish (13416 Olive; 63017). All skill levels welcome. Interested? Contact Steve at 314-680-3393.

HOSPITAL VOLUNTEERS...

SSM Cardinal Glennon Children's Medical Center is currently recruiting adult day and evening volunteers. For more info or to apply, contact the Volunteer Office at 314-577-5696.